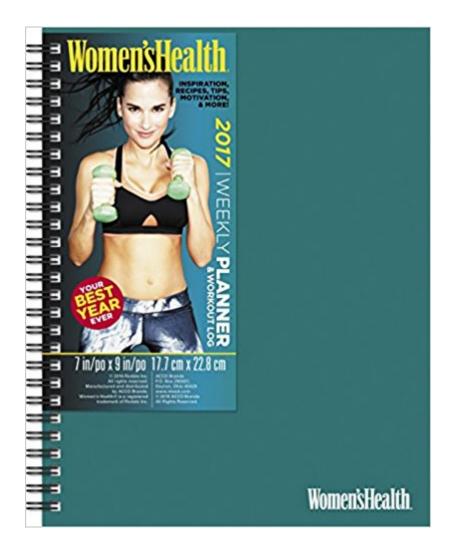


The book was found

Womenââ,¬â"¢s Health Weekly And Monthly Planner (2017)





Synopsis

Spend the new year mainting your body, mind, and schedule. This calendar is filled with healthy recipes and tips to enhance your lifestyle.

Book Information

Age Range: 5 and up Calendar Publisher: Day Dream (July 4, 2016) Language: English ISBN-10: 1682093662 ISBN-13: 978-1682093665 Package Dimensions: 8.8 x 7.1 x 0.5 inches Shipping Weight: 12 ounces (View shipping rates and policies) Average Customer Review: 3.4 out of 5 stars 4 customer reviews Best Sellers Rank: #729,808 in Books (See Top 100 in Books) #60 inà Å Books > Calendars > Diet & Health #81250 inà Å Books > Health, Fitness & Dieting #112720 inà Å Books >

Customer Reviews

Meh. It was okay, but I didn't like the setup so much and the health tips were sub par in my professional opinion. I ended up getting another planner shortly after.

Great way to keep track of my workouts and runs.

pages stuck together, not what I expected not at all

Love this calendar.

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